

Take the first step to turn things around.

Children thrive when their parents have the support they need. With the right guidance, you can get through life's challenges and support your children to develop in healthy and positive ways.

It's free, unlimited and confidential.

Call 13 FAMILY (13 32 64) or visit familychildconnect.org.au.

Access to interpreters is available.

Interpreter

How you can help others

If you're worried about someone else you can help them get the support they need.

One of the best ways you can help is by starting a conversation — it might be the first step in getting them the help they need. Talk to them and encourage them to contact Family and Child Connect to get some advice and support for their situation. It's free, unlimited and confidential.

Family and Child Connect

13-FAMILY 13-32-64

familychildconnect.org.au

Interpreter

Your local Family and Child Connect office is **Brisbane**:
445 Zillmere Rd, Zillmere QLD 4034

Yadoni Tago

Kurbingui
youth & family development

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Family and Child Connect



13-FAMILY 13-32-64

familychildconnect.org.au

Free. Unlimited. Confidential.

Sometimes when life is rolling along, the wheels can suddenly fall off





But there's always a way to bounce back

Family and Child Connect is a free, unlimited and confidential service that can connect you to the practical support you need to bounce back in tough times.

We can connect you to local services that can help with:

- managing your child's behaviour
- building better family relationships
- stopping any violence at home
- budgeting and managing money
- alcohol, drug or gambling problems
- housing, health care or other community or government services.

From the ups and downs.

When you contact Family and Child Connect you'll speak with an experienced family support worker who will listen to you and put you in touch with people who have assisted others in tough times.

Every family is different so when you speak with us you will get advice and support specific to your situation.

One call can make a difference

We may be able to help you in just one phone call — either by providing advice or referring you to a support service — or we might arrange to visit you at a safe place to talk. When necessary, families can quickly be linked in with domestic and family violence services.

Phone: **13 FAMILY (13 32 64)**

Website: **familychildconnect.org.au**

Family and Child Connect services are provided by trusted, local organisations who are experienced in working with families.