### What is the Yeaca Dhargo Program

The Yeaca Dhargo Indigenous Family Wellbeing program provides support and information to families with children and young people that is culturally safe and flexible, reflects family and community strengths, and focuses on their desired aspirations and goals.

# Aims and Objectives

The Yeaca Dhargo program aims to provide support to Aboriginal and Torres Strait Islander children, young people and their families and work through any difficulties they are experiencing.

Having access to a team of family wellbeing practitioners, youth support workers and a specialist domestic and a family violence support worker empowers parents and carers to make healthy and informed decisions about improving the overall wellbeing and safety of their children and young people.

The team is committed to working with families to build on their strengths and knowledge in a collaborative and culturally respectful manner. Each family develops their own plan with the team member that is specific to their own needs.



## Hours of Operation

Monday to Friday 9:00 am - 5:00 pm

- \*After Hours by Appointment Only.
- \*Activities are often provided After Hours and on Weekends.

## Where We Are Located



Zillmere (Head Office)
425 Zillmere Road,
Zillmere QLD 4034
(07) 3156 4800

## Contact Us

Address: 425 Zillmere Road, Zillmere QLD 4034 PO Box 163, Zillmere QLD 4034 Phone: (07) 3156 4800 | Fax: (07) 3265 3263

Email: reception@kurbingui.org.au
Website: www.kurbingui.org.au

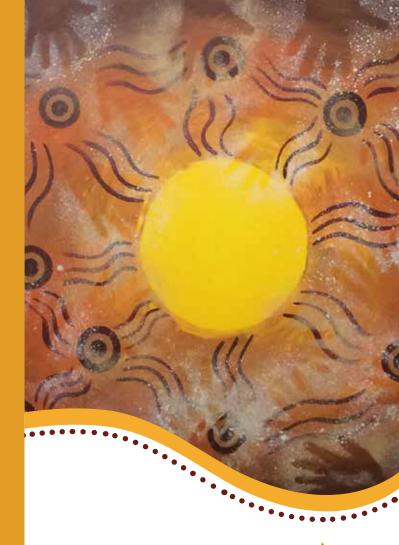
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Yeaca Dhargo Indigenous Family Wellbeing Service



# Yeaca Dhargo Offers

The Yeaca Dhargo program provides services to families in the North Brisbane area and offers a mix of supports that includes but is not limited to:

- ✓ The development and implementation of Support Plans.
- Advocacy with Child Safety, Housing, Legal, Government and Non-Government agencies/services.
- Referral to specialist services including health, mental health, education, counselling, child development, youth, family safety, drug and alcohol and disability.
- Parenting programs group and individual.
- Support for cultural connection to community and family links.
- √ In-home or outreach support.
- ✓ Youth support.
- ✓ Domestic and family violence specialist services.
- A safe space to yarn.

## Program Benefits

The program partners with a wide range of culturally appropriate agencies that provide services such as the Family Participation Program, Health, Youth Support, Education, Training and Employment, Early Years and Counselling to assist families experiencing difficulties to achieve successful outcomes that promote healthy, happy and safe relationships.

The program provides a holistic and culturally safe service to Aboriginal and Torres Strait Islander families, children and young people. Our Family Wellbeing practitioners are skilled in a range of areas and walk with families, children and young people during their journey. This includes cultural mentoring, positive role modelling and cultural activities. For those families that maybe experiencing intimate or family violence, the Domestic and Family Violence worker can provide education and support about how to keep your family safe at home.

Families who work with the program will experience a range of benefits both individually and as a family unit. Families can build on their capacity to enhance their lives in several areas such as:

- Managing own household budget and routines effectively.
- Confidently implement parenting strategies with children and young people.
- Knowing where to go and what to do if experiencing domestic and family violence.
- Comfortably and Safely access drug and alcohol support services to implement appropriate management strategies.
- Safely link with Elders and other community members.
- Participate in cultural events and activities such as yarning circles, youth workshops and community days of celebrations.

This program is funded by the Queensland Government Department of Children, Youth Justice, and Multicultural Affairs.

## How to Access the Program

### Yeaca Dhargo Indigenous Family Wellbeing

Phone: (07) 3156 4800 Fax: (07) 3265 3263

Email: yeacadhargo@kurbingui.org.au

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